Healthy Food Access in Kearny County, KS

November 15, 2018
Krysta Harvey, MPH
Presentation Agenda

1. Introduction to Kearny County
2. Kearny County Wellness Coalition – Pathways to a Healthy Kansas Grant
3. Projects for Healthy Food Access
Introduction to Kearny County
Kearny County – Southwest Kansas
Study by Weiss et al in *Nature*, 2018 (Map from Washington Post)

- Places with more than 1,000 people that are farthest from any metro of more than 75,000
- Centerpoint of metro areas with more than 75,000
- Unpopulated points that are farthest from any metro of more than 75,000
Kearny County

- Southwest Kansas is a frontier area over 200 miles from any major city
- Population of Kearny County is 4,000
- Population of Lakin (county seat) is 2,000

Photo by JD Rice
Kearny County Wellness Coalition
Kearny County Wellness Coalition

• Diverse team from sectors across the community: healthcare, schools, business, grocery store, senior center, etc

• Goal is to make healthy choices easier in Kearny County
Pathways to a Healthy Kansas Grant

• Funded by Blue Cross Blue Shield of Kansas
• Total of $500,000 available
• Three focus areas: healthy eating, active living, tobacco free
Seven Pathways

• Community Policy
• Community/Resident Wellbeing
• Healthcare
• Food Retail
• Restaurants
• Schools
• Worksites
Projects for Healthy Food Access
Community Greenhouses

• One greenhouse has been constructed, with three more coming soon
• Two at Deerfield Schools, one at Lakin Schools, & one at High Plains Retirement Village
Community Greenhouses

• Deerfield Elementary School students harvested over 100 pumpkins at the end of October!

Photo by Amy Browning
Local Grocery Store

• Bob’s Affiliated Foods in Lakin signed Pathways to Healthy Foods Pledge
• Receiving grant funding to purchase produce cases
• Plan to offer produce bundles
Local Grocery Store Survey

Your local grocery store wants to hear from you!

BOB’S AFFILIATED FOODS SURVEY - NOW OPEN

www.surveymonkey.com/r/BobsAF
Local Grocery Store Survey

What types of healthy foods are important to be able to purchase for your family? Check all that apply.
Local Grocery Store Survey

If produce bundles with various types of fresh fruits and vegetables were available that you could pre-order and pick up at a specified date, how likely would you be to participate?
What Do You Love or Appreciate About Bob’s?

- Always very friendly and store is always clean
- I love that they are here and always willing to work with us
- I like how they have made improvements in the produce dept
- Convenient, quick, easy to find items
- Good selection of all products
- Always has good fresh fruits and veggies
Share the Harvest

• Community can drop off or pick up garden-fresh fruits & vegetables in the fall

Drop off your extra home-grown fruits or veggies to share, or pick some up for your family!

SHARE THE HARVEST

Where:
Kearny County Health Dept
301 N Kansas, Lakin

When:
Tuesdays - Fridays in September
For More Information

• Follow us on Facebook:
  www.facebook.com/KearnyCountyWellness/

• Call or email Krysta Harvey:
  kharvey@kearnycountyhospital.com
  620-355-7112 ext. 1517
Thank you!