Section 243: Access to Local Foods

The Secretary shall create a **Farm to School Program** to:

1. Distribute **grant funding** to improve access to local foods in schools.
2. Provide **training and technical assistance** to improve access to local foods in schools.
3. Disseminate **research and data** on existing programs and opportunities for expansion.
Why Farm to School?

- Fresh, flavorful food
- Willingness to try new foods
- Increased consumption of fruits and vegetables
- Improved knowledge and awareness regarding gardening, agriculture and healthy eating
- Increase program awareness and participation
- Markets for farmers, local economic benefit
Why Farm to School?

$1.00 spent on local products

$1.40 to $2.60 in indirect and induced benefits
## October 2016
### 5th-12th Grade Menu

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>3</strong></td>
<td><strong>4</strong></td>
<td><strong>5</strong></td>
<td><strong>6</strong></td>
<td><strong>7</strong></td>
</tr>
<tr>
<td>Oatmeal &amp; Cinnamon Breakfast</td>
<td>Pancakes, Syrup, Fruit, Milk</td>
<td>(*Ham), Egg &amp; Cheese Biscuit Sandwich, Fruit, Milk</td>
<td>Biscuit &amp; Gravy, Fruit, Milk</td>
<td>Bacon, Egg &amp; Cheese Breakfast Pizza, Fruit, Milk</td>
</tr>
<tr>
<td>Rolled, Fruit, Milk</td>
<td>Hot Dogs with Chili &amp;/or Cheese</td>
<td>Cutlet Fries, Cucumber Salad, Peaches, Milk</td>
<td>Sloppy Joe on Homemade Roll, Sweet Potato Fries, Apples, Milk</td>
<td>Finnish Fried Chicken, French Fries, Green Beans, Milk</td>
</tr>
<tr>
<td><em>Indicates locally produced</em></td>
<td><em>Indicates limited to 9th-12th only</em></td>
<td><em>Indicates limited to 9th-12th only</em></td>
<td><em>Indicates limited to 9th-12th only</em></td>
<td><em>Indicates limited to 9th-12th only</em></td>
</tr>
</tbody>
</table>

### Grade Breakdown:
- **9th-12th**:
  - 3-4th grade: $1.99
  - 5th grade: $2.35
  - 6th grade: $2.50
- **11th-12th**:
  - 7th grade: $3.45
  - 8th grade: $3.50
  - 9th grade: $3.50

### A reimbursable meal consists of at least 3 items: (Entree, fruit, veggie, milk)

### Lunch calorie counts:
- 9th-12th graders: (200-700)
- 9-12th graders: (500-550)

### Milk Options:
- Skim or Chocolate

### Additional Information:
- List is an equal opportunity provider and employer
- Menus subject to change based on availability

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**Viking Galley**

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**Grow Your Own, Buy Local**

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**USDA Office of Community Food Systems**
USDA \rightarrow KSDE \rightarrow Schools
How many lunches did Kansas schools serve in SY 2016?

53,500,000 lunches

Approx. $69,500,000 spent on food

Approx. $17 million on fresh fruits & vegetables
Storage Crops Rock!

- Farmers can aggregate to meet your demand
- Wiggle room in terms of timing
- Typically one-time mechanical harvest
- Many are red/orange
- Fit with school year timeline
- Lessons about seasonality for students
- Extends farmer income into winter
- Extends farm to school price tag into winter
- Easy (and delicious) to shred or roast!
- Lend themselves well to contracts
It's not the same product!

Staff pride!

Marketing!

Nutritional value!

Less waste!

Stays fresher longer!

Better yield!

Tastes better!

Curriculum connection!

Investment in local community!

Parent engagement!

Participation increase!
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