



Class



Community



Cafeteria



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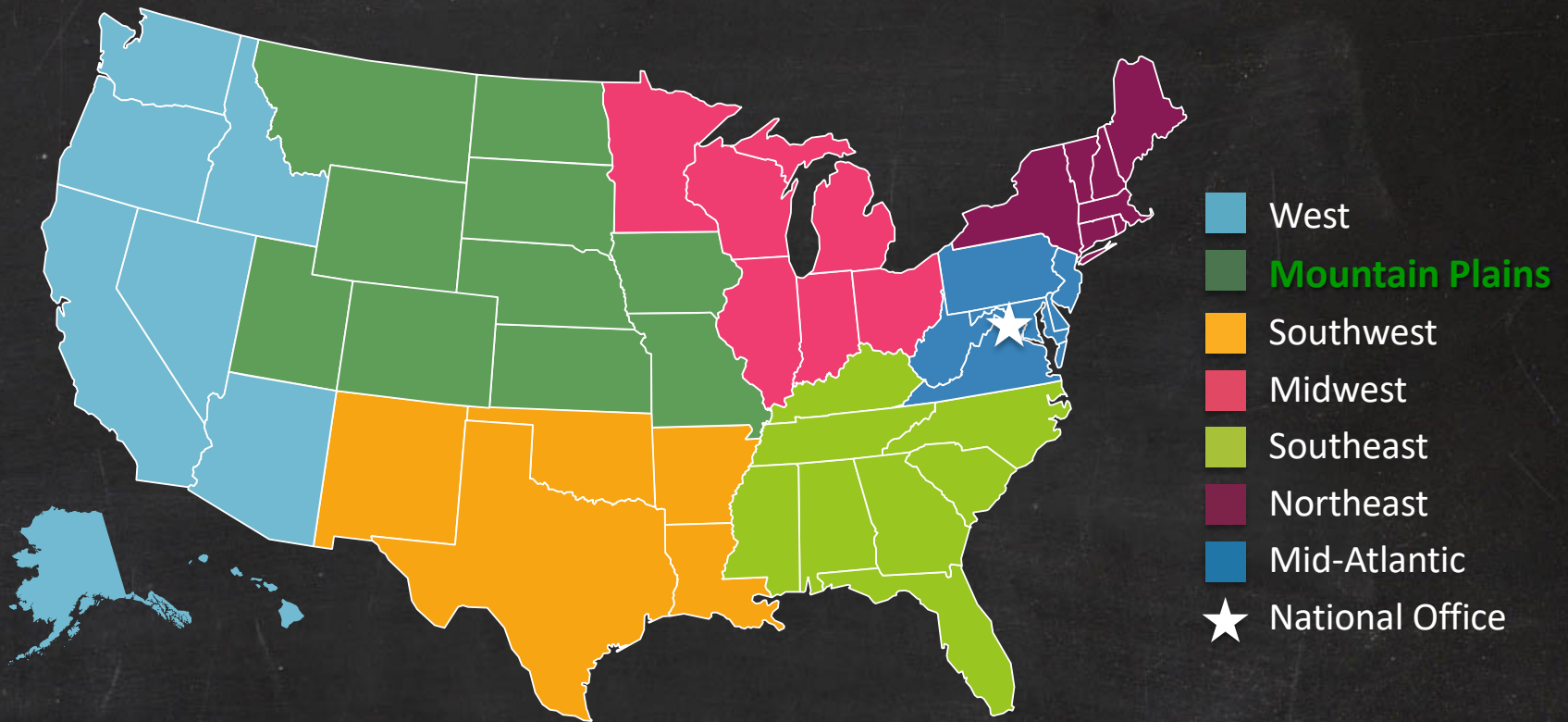
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Section 243: Access to Local Foods

The Secretary shall create a **Farm to School Program** to:

1. Distribute **grant funding** to improve access to local foods in schools.
2. Provide **training and technical assistance** to improve access to local foods in schools.
3. Disseminate **research and data** on existing programs and opportunities for expansion.







Why Farm to School?

- Fresh, flavorful food
- Willingness to try new foods
- Increased consumption of fruits and vegetables

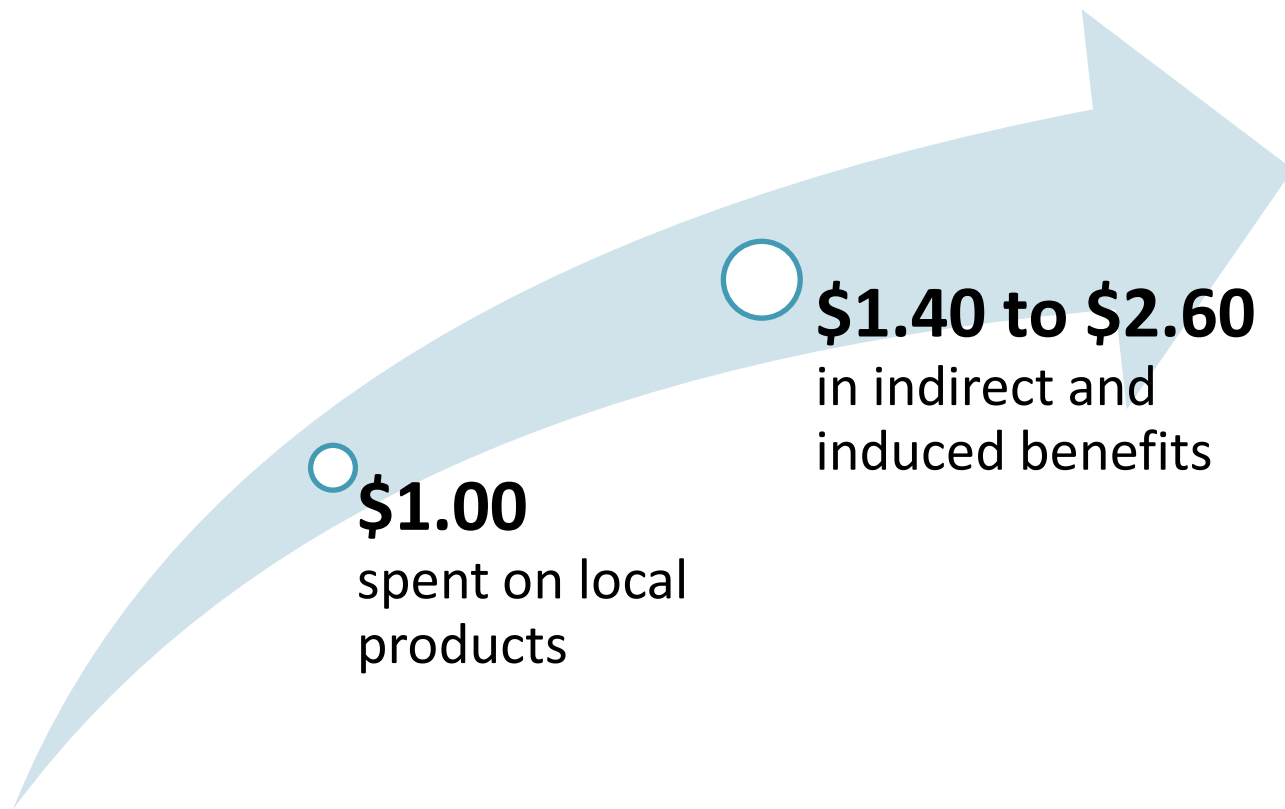
Values, or “the why”

- Improved knowledge and awareness regarding gardening, agriculture and healthy eating

- Increase program awareness and participation
- Markets for farmers, local economic benefit



Why Farm to School?





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October 2016

5th-12th Grade Menu

"YOU, AS A FOOD BUYER, HAVE THE DISTINCT PRIVILEGE OF PROACTIVELY PARTICIPATING IN SHAPING THE WORLD YOUR CHILDREN WILL INHERIT."

- JOEL SALATIN



☛ Indicates locally Produced

* Indicates Limited to 9th-12th only

Meatless entree variations available when possible.

Grade	Breakfast	Lunch
5th -8th	\$1.35	\$2.35
9th -12th	\$1.45	\$2.50
Adult	\$2.10	\$3.50

Line two offers previous day's main dish, several sandwich options and fresh entree salads.

A reimbursable meal consists of at least 3 (Entree, fruit, veggie, milk)

Lunch calorie counts
6th -8th graders (600-700)
9th -12th graders (750-850)

Milk Options
Skim, 1% or Chocolate

USDA is an equal opportunity provider and employer

Menus subject to change based on availability

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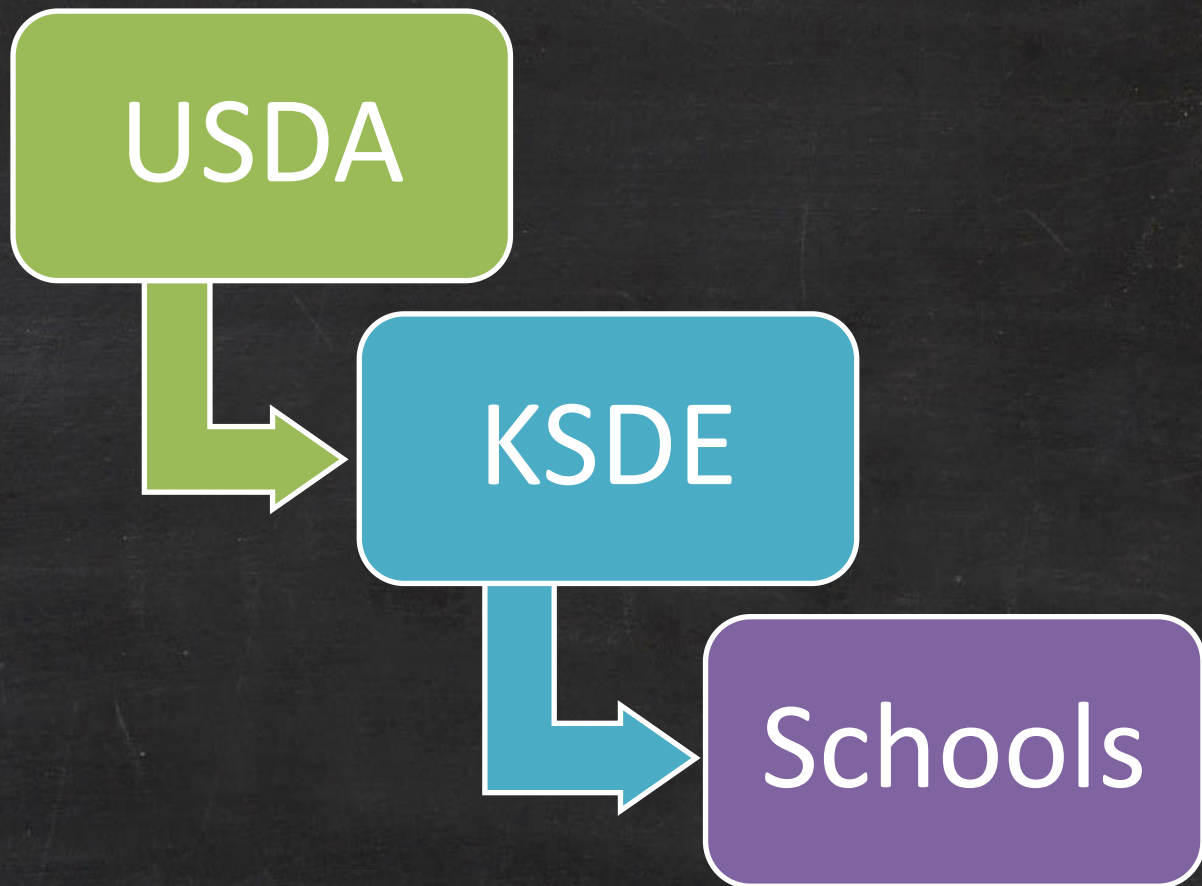
Viking Galley

Monday	Tuesday	Wednesday	Thursday	Friday
3 Oatmeal & Cinnamon Breakfast Round, Fruit, Milk	4 Pancakes, Syrup, Fruit, Milk	5 (*Ham), Egg & Cheese Biscuit Sandwich Fruit, Milk	6 Biscuit & Gravy, Fruit, Milk	7 Bacon, Egg & Cheese Breakfast Pizza, Fruit, Milk
9 Iowa Pork Tenderloin Sandwich on Homemade Bun , Lettuce, Tomato Onion, Mixed Greens Salad Oranges, Milk	10 Hot Dogs with Chili &/or Cheese Curley Fries, Cucumber Salad Peaches, Milk	11 Sloppy Joe on Homemade Roll Sweet Potato Fries, Apples, Milk	12 Taco Salad , Fresh Garden Salsa, Refried Beans, Spanish Rice Bananas, Milk	13 Viking Baked Fish Homemade Dinner Rolls Mashed Potato, Green Peas Applesauce, Milk
10 Pancake on Stick Syrup, Fruit, Milk	11 Egg & Cheese wraps, Fruit, Milk	12 (*Sausage), Egg & Cheese Biscuit Sandwich, Fruit, Milk	13 French Toast, Fruit, Milk	14 Bacon, Egg & Cheese Breakfast Pizza, Fruit, Milk
15 Hamburger on Homemade Bun , Cheese Lettuce, Tomato & Onion Mixed Greens Salad, Apple, Milk	16 Turkey & Cheese Submarine Sandwich with Pesto Ranch Broccoli Salad, Watermelon, Milk	17 Hamburger Gravy , Mashed Potatoes Homemade Dinner Rolls, Green Beans Pineapple, Milk	18 Chicken Fajita Sautéed Peppers & Onions Lettuce, Refried Beans, Bananas, Fresh Garden Salsa, Milk	19 Grilled Cheese , Curley Fries Assorted Fresh Vegetables Ranch Dip, Oranges, Milk
17 Oatmeal & Cinnamon Breakfast Round, Fruit, Milk	18 Pancakes, Syrup, Fruit, Milk	19 (*Ham), Egg & Cheese Biscuit Sandwich Fruit, Milk	20 Scrambled Eggs, Hash Browns, Homemade Cinnamon Bread, Fruit, Milk	21 Bacon, Egg & Cheese Breakfast Pizza, Fruit, Milk
22 Orange Chicken , Steamed Broccoli Fried Rice, Homemade Dinner Rolls, Mandarin Oranges, Milk	23 BBQ Pork Sandwich on Homemade Bun , Baked Beans, Coleslaw, Cantaloupe, Milk	24 Lasagna , Kale Caesar Salad Peaches, Homemade Garlic Toast, Milk	25 Goulash , Homemade Dinner Rolls Green Beans, Bananas, Milk	26 Homemade Sausage Pizza , Corn, Mixed Greens Salad Grapes, Milk
24 Pancake on Stick Syrup, Fruit, Milk	25 Egg & Cheese wraps, Fruit, Milk	26 (*Sausage), Egg & Cheese Biscuit Sandwich, Fruit, Milk	27 French Toast, Fruit, Milk	28 Bacon, Egg & Cheese Breakfast Pizza, Fruit, Milk
29 Turkey Burgers on Homemade Bun , Potato Wedges *Cucumber Salad, Broccoli Oranges, Milk	30 Philly Cheesesteaks Sautéed Peppers and Onions Curley Fries, Pears, Milk	31 Spaghetti & Meat Sauce , Homemade Garlic Toast Summer Squash Medley Mixed fruit, Milk	32 Soft Shell Taco , Shredded Lettuce Fresh Garden Salsa Refried Beans, Bananas, Milk	33 Shrimp Popper Cheesy-Garlic Mashed Potatoes Homemade Dinner Rolls Corn, Watermelon, Milk
31 Oatmeal & Cinnamon Breakfast Round, Fruit, Milk	32 Breaded Chicken Sandwich on Homemade Bun Lettuce, Tomato & Onion *Homemade Potato Salad Peas & Carrots, Strawberries, Milk	33 Oatmeal & Cinnamon Breakfast Round, Fruit, Milk	34 Oatmeal & Cinnamon Breakfast Round, Fruit, Milk	35 Oatmeal & Cinnamon Breakfast Round, Fruit, Milk









How many lunches did Kansas schools serve in SY 2016?

53,500,000 lunches

Approx. \$69,500,000 spent on food

Approx. \$17 million on fresh fruits & vegetables



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Open Hands Farm



COMMUNITY SUPPORTED AGRICULTURE

Storage Crops Rock!

- Farmers can aggregate to meet your demand
- Wiggle room in terms of timing
- Typically one-time mechanical harvest
- Many are red/orange
- Fit with school year timeline
- Lessons about seasonality for students
- Extends farmer income into winter
- Extends farm to school price tag into winter
- Easy (and delicious) to shred or roast!
- Lend themselves well to contracts





Marketing!

Nutritional value!

Less waste!

Stays fresher longer!

Better yield!

Tastes better!



Curriculum connection!



Staff pride!

Investment in local community!



Parent engagement!

Participation increase!



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